

Gambling is all fun and games, until.

Until you borrow money.

Until all you think about is gambling.

Until you lie about it.

Until you hurt friends and family.

Take control of problem gambling, before until.

For free, confidential help 24/7,
call the Ohio Problem Gambling Helpline at
1-800-589-9966.

Resources

National Council on Problem Gambling
www.ncpgambling.org

Gamblers Anonymous
www.gamblersanonymous.org

Gam-Anon
www.gam-anon.org



Ohio

Department of Alcohol &
Drug Addiction Services

Responsible Gambling www.org.ohio.gov

Playing responsibly?

- Have you borrowed money to gamble?
- Do you spend lots of time thinking about gambling?
- Are you restless and irritable when not gambling?
- Are you making larger dollar bets to increase excitement?
- Have you lied about how much time or money you have spent or lost gambling?
- Do you gamble to escape uncomfortable or personal problems?
- Have you neglected important responsibilities, such as work, school or family to gamble?
- Do you have unpaid bills or increased debt because of gambling?

A few tips on playing the Lottery responsibly:

- NEVER gamble with borrowed money.
- Gamble only what you can afford to lose.
- Set a limit and stick to it.
- Bet with your head, not above it.

Problem gambling refers to any gambling that goes beyond the normal bounds of gambling for fun, recreation or entertainment.

Ohio for Responsible Gambling is committed to helping players be responsible.

If you think that you or someone you care about might have a problem, call the Ohio Problem Gambling Helpline:

1-800-589-9966.

For additional information, visit our website at:
www.org.ohio.gov

Don't purchase tickets for minors. You must be 18 or older to play.